



The Café

BREAKFAST

MOST ITEMS PRE-MADE

OUR FRIED EGG SANDWICH

Made with Farm fresh eggs, Canadian cheddar cheese and fresh tomato served on toasted Borealis Bread

Single egg \$4.50

Double egg \$5.25

With bacon add \$1

Lots of other add-ins too!

SMOKED SALMON BAGEL

Made with our own GRAVLOX or Wild-caught Alaskan Salmon, tomato, cream cheese, red onion and capers served on Millbrook Co. Bagels \$6.95

BAGEL \$1.50

With cream cheese \$2

ORGANIC GRANOLA & YOGURT

With Fruit

Bowl \$4.95

Cup \$2.95

WONDERFUL ORGANIC

FRUITED MUFFINS

\$2.15

DAILY

BREAKFAST AND LUNCH

Eat in or take out

Perfect for picnics and dinners

CALL FOR DAILY
LUNCH SPECIALS
AND SOUPS

WE HAVE THE BEST ORGANIC COFFEE

IN TOWN

SOUPS

SANDWICHES

SALADS

DELI ITEMS

MUFFINS

DESSERTS

CAKES

COOKIES

BROWNIES AND MORE!

LUNCH

Salads

Garden \$6.95

Add deli item \$1

Greek \$7.95

Chef \$7.95

(traditional or veggie)

Deli Lunch Sampler \$7.95

(choose any 3 deli items)

SANDWICHES

from \$5.75

ALL SERVED ON FRESH

Borealis Bread or Maria and Ricardo's

Wraps and packed

with loads of fresh organic veggies

CHOOSE FROM

egg salad, hummus, roasted tempeh, roasted tofu, falafel, veggie cheese, nitrite- & nitrate-free cold cuts

ALL MADE FRESH DAILY

FOR YOU AND PLACED IN OUR

SELF-SERVE DELI CASE

LOCAL

ORGANic

NATURAL

Blue Hill Co-op Community Market & Café

Open Weekdays 8am-7pm • Sat., 8am-6pm • Sun., 9am-5pm • 207-374-2165

4 Ellsworth Road, P.O. Box 1133, Blue Hill, Maine 04614